



Minimally Invasive Therapy

M.I.T. aligns with the benchmark in periodontal treatment- being anchored in the EFP S3 Level Clinical Guidelines and built around a patient-first philosophy. This modern framework empowers clinicians to deliver precise, predictable and evidence-based care for stage I-III periodontitis with NSK products.

By embracing this structured research-driven framework, clinicians can elevate their practice, enhance patient outcomes and align with global standards in periodontal care.



What is M.I.T.



Thorough Patient Assessment

Clinicians begin by checking their patient's risk factors. Conduct a full intraoral and extraoral exam/analysis. Initiate patient engagement.



Personalised Over Protocolised

Periodontal care is not one-size-fits-all. It encourages clinicians to deeply understand each patient's unique condition and tailor treatment accordingly – enhancing both outcomes and patient trust.



Patient Empowerment

Through patient engagement to maintain their oral health independently, with the support of clinicians and NSK solutions, long-term outcomes become a shared achievement.

WHY M.I.T.?

Empowering Clinical Decision-Making with M.I.T.

M.I.T. is more than a treatment concept—it's a strategic framework that empowers you and your team to make confident, patient-specific clinical decisions with NSK products.

What truly sets M.I.T. apart is its minimally invasive philosophy—not just in technique, but in its entire approach to patient care. Through meaningful and productive consultations, clinicians can identify the most effective, least invasive interventions to improve patient outcomes. At the same time, patient education becomes a powerful tool, enabling individuals to take ownership of their oral health and reducing the need for frequent clinical visits. By embracing this philosophy as a team and integrating it into daily practice, we strengthen patient trust and build a foundation for sustainable, lifelong health.



Evidence-Based Treatment

Provide personalised care using NSK's extensive portfolio of precision instruments and technologies – designed to support every stage of periodontal therapy with confidence and control.



Comprehensive Coverage Across All Stages

Whether managing early-stage gingivitis or advanced periodontitis, M.I.T. supports a wide spectrum of clinical scenarios. Its flexibility allows your team to adapt seamlessly to diverse patient needs.



M.I.T. is a clinically intelligent framework that recognises every patient is unique and supports clinicians in making confident, individualised decisions to deliver the best possible care. With quality education and innovation, M.I.T. guides the selection of the right equipment and technologies to support a truly minimally invasive approach.

Cat Edney

Dental Therapist



NSK has developed the M.I.T. concept to align closely with the international standards for periodontal therapy outlined in the EFP S3-level clinical practice guidelines. By mapping their devices to all four phases of periodontal care – from non-surgical and surgical interventions to maintenance therapy – while providing clinicians with flexibility of choice, NSK takes an important step toward facilitating the implementation of these standards in everyday clinical practice.

Professor Moritz Kebschull

Past President, European Federation of Periodontology, Birmingham/UK

